

## DIAPER CHANGING POLICY

- ❖ There should always be at least two adults in the classroom that can see each other at all times, including during diaper changes.
- ❖ Babies should have their diaper checked once an hour. Record diaper changes on a chart to assure each child has been changed. Also record the diaper change on the note to parents after babies are changed.
- ❖ Wear a fresh set of disposable gloves for each diaper change. After each change, throw the gloves away.
- ❖ Use a paper liner over a nonpourous mat for each diaper change. After each diaper change, dispose of the paper liner and clean the mat with a disinfecting solution.
- ❖ Never leave a baby unattended at a changing table. Comfort the baby during diaper changes by making eye contact, smiling, and speaking softly to the baby.
- ❖ Use wipes to gently clean the creases in the diapered area. Fold the soiled diaper and place in a plastic bag. Tie it up and place it in a lined diaper pail with a lid.
- ❖ Only apply diaper ointment, lotion, or powder if the parent or guardian has provided it and has given instructions to use it.
- ❖ Put a fresh diaper on the baby, and redress the baby. If the clothing was soiled, put the dirty clothing in a plastic bag for the parent to take home. Put clean clothes on the baby that the parent/guardian has provided. Keep extra clothing in the nursery in case a parent/guardian has not supplied additional clothing. Ask the parent to clean the borrowed clothing and return it to the nursery at the next service.
- ❖ Once you are done changing diapers, scrub your hands with antibacterial soap from a dispenser under warm running water for at least 20 seconds. Use a paper towel to dry your hands, then using the towel to turn off the faucet. Rub your hands with an antibacterial hand sanitizer.
- ❖ Diaper pails must be emptied after each service and thoroughly cleaned with disinfectant.

*Laminate this policy and post in the diaper changing area.*